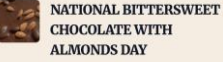
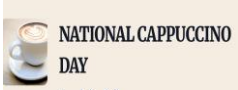


November 2026

Tap Senior Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	3 Closed Election Day	4 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	5 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	6 West Rec 9:00-Noon Volleyball Walking	7  NATIONAL BITTERSWEET CHOCOLATE WITH ALMONDS DAY
8  NATIONAL CAPPUCCINO DAY	9 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	10 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	11  Closed Veteran's Day	12 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	13 West Rec 9:00-Noon Volleyball Walking	14  National Pickle Day
15  National Clean Out Your Refrigerator Day	16 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	17 East Rec 9:00-Noon 9:00-12:00 Bridge 9:30-10:30 Line Dancing 10:30-Noon Pickleball 10:30-11:30 Blood Pressure Checks by the Elyria Fire Dept.	18 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	19 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	20 West Rec 9:00-Noon Volleyball Walking	21  NATIONAL GINGERBREAD COOKIE DAY
22  National Adoption Day	23 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	24 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	25 South Rec 9:00-Noon Chair Exercise & Chair Yoga canceled. We will be walking to the Oldies 9:00-12:00	26  Happy Thanksgiving! Give Thanks.	27 CLOSED	28  NATIONAL FRENCH TOAST DAY
29  National Electronic Greetings Day	30 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga					
	Indoor Walking Daily 9:00 – 12:00		East Recreation Center 1101 Prospect St Elyria, OH 44035	South Recreation Center 101 South Park Dr. Elyria, OH 44035	West Recreation Center 1200 Foster Ave. Elyria, OH 44035	Main Office 440-326-1500