

October 2026

Tap Senior Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
--- REVISED --- 9/23/26				1 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	2 West Rec 9:00-Noon Volleyball Walking	3  National Boyfriend Day
4  National Cinnamon Bun Day	5 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	6 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	7 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	8 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	9 West Rec 9:00-Noon Volleyball Walking	10  National Walk To A Park Day
11  National Sausage Pizza Day	12 CLOSED 	13 East Rec 9:00-Noon 9:00-12:00 Bridge 9:30-10:30 Line Dancing 10:30-Noon Pickleball <i>10:30-11:30 Blood Pressure Checks by the Elyria Fire Dept.</i>	14 South Rec 9:00-Noon 9:00-12:00 Walking to the Oldies	15 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	16 West Rec 9:00-Noon Volleyball Walking	17  National Pasta Day
18  National Chocolate Cupcake Day	19 South Rec 9:00-Noon 9:00-12:00 Walking to the Oldies 10:00-11:00 Tai Chi	20 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	21 South Rec 9:00-Noon 9:00-12:00 Walking to the Oldies	22 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	23 West Rec 9:00-Noon Volleyball Walking	24  National Bologna Day
25  National I Care About You Day	26 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	27 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	28 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	29 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	30 West Rec 9:00-Noon Volleyball Walking	31  Halloween
	Indoor Walking Daily 9:00 – 12:00		East Recreation Center 1101 Prospect St Elyria, OH 44035	South Recreation Center 101 South Park Dr. Elyria, OH 44035	West Recreation Center 1200 Foster Ave. Elyria, OH 44035	Main Office 440-326-1500

