

SEPTEMBER 2026 Tap Senior Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Closed	2 Closed	3 Closed	4 Closed	5  National Be Late for Something Day
6  National Read a Book Day	7 Centers Closed 	8 Program Resumes East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	9 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	10 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	11 West Rec 9:00-Noon Volleyball Walking	12  National Hug & High Five Day
13  National Uncle Sam Day	14 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	15 East Rec 9:00-Noon 9:00-12:00 Bridge 9:30-10:30 Line Dancing 10:30-Noon Pickleball <i>10:30-11:30 Blood Pressure Checks by the Elyria Fire Dept.</i>	16 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	17 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	18 West Rec 9:00-Noon Volleyball Walking	19  National Puppy Mill awareness day
20  National Pepperoni Pizza Day	21 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	22 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	23 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	24 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	25 West Rec 9:00-Noon Volleyball Walking	26  National Shamu the whale day
27  National Chocolate Milk Day	28 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	29 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	30 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga			
	Indoor Walking Daily 9:00 – 12:00		East Recreation Center 1101 Prospect St Elyria, OH 44035	South Recreation Center 101 South Park Dr. Elyria, OH 44035	West Recreation Center 1200 Foster Ave. Elyria, OH 44035	Main Office 440-326-1500