

AUGUST 2026

TAP SENIOR PROGRAM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
INDOOR WALKING DAILY 9AM – 12 PM	We are Back To Our Regular Programming Schedule !!!!					1  National Girlfriends Day
2  National Ice Cream Sandwich Day	3 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	4 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	5 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	6 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	7 West Rec 9:00-Noon Volleyball Walking	8  National Pickleball Day
9  National Book Lovers Day	10 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	11 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	12 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	13 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	14 West Rec 9:00-Noon Volleyball Walking	15  National Lemon Meringue Pie Day
16  National Tell A Joke Day	17 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	18 East Rec 9:00-Noon 9:00-12:00 Bridge 9:30-10:30 Line Dancing 10:30-Noon Pickleball 10:30-11:30 Blood Pressure Checks by The Elyria Fire Dept.	19 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	20 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	21 CENTERS CLOSED	22  National Be An Angel Day
23  National Sponge Cake Day	24 CENTERS CLOSED	25 CENTERS CLOSED	26 CENTERS CLOSED	27 CENTERS CLOSED	28 CENTERS CLOSED	29  National Lemon Juice Day
30  National Beach Day	31 CENTERS CLOSED	Programming will resume on Tues. Sept. 8th at East.Rec.	East Recreation Center 1101 Prospect St Elyria, OH 44035	South Recreation Center 101 South Park Dr. Elyria, OH 44035	West Recreation Center 1200 Foster Ave. Elyria, OH 44035	Main Office 440-326-1500

