

June

TAP-The Active People Program

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 South Rec 9am-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	2 East Rec 9am- Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	3 South Rec 9am- Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	4 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	5 West Rec 9am-Noon Volleyball Walking	6 <i>National Drive-In Movie Day</i> 
7 <i>National Cancer Survivor's Day</i> 	8 South Rec 9am-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	9 South Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	10 South Rec 9am-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	11 South Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	12 South Rec 9am-Noon Volleyball Walking	13 National Weed Your Garden 
14 National Flag Day 	15 South Rec 9am-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	16 South Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	17 South Rec 9am-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	18 South Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	19 Center Closed 	20 National Vanilla Milk Shake Day 
21 Happy Father's Day 	22 West Rec 9am- Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	23 West Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	24 West Rec 9am-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	25 West Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	26 West Rec 9am-Noon Volleyball Walking	27 <i>National Sunglasses Day</i> 
28	29 South Rec 9am-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	30 South Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	1 South Rec 9am-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	2 South Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	3 Closed for Independence Day	4 
	South Recreation Ctr 101 South Park Dr	East Recreation Ctr 1101 Prospect St.	West Recreation Ctr 1200 Foster Ave			