




May



Parks
ELYRIA
Recreation

TAP-The Active People

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 West Rec 9am- Noon Volleyball Walking	2
3	4 South Rec 9am – Noon 9:30 –10:30 Chair Exercise 10:00 –11:00 Tai Chi 10:30-11:30 Chair Yoga	5 East Rec 9am – Noon 9:30 – 10:30 Line Dancing 10:30 – Noon Pickleball	6 South Rec 9am – Noon 9:30 –10:30 Chair Exercise 10:00 –11:00 Tai Chi 10:30-11:30 Chair Yoga	7 East Rec 9am – Noon 9:30 – 10:30 Line Dancing 10:30 – 11:30 Tai Chi 10:30 – Noon Pickleball	8 West Rec 9am- Noon Volleyball Walking	9
10 	11 South Rec 9am – Noon 9:30 –10:30 Chair Exercise 10:00 –11:00 Tai Chi 10:30-11:30 Chair Yoga	12 East Rec 9am – Noon 9:30 – 10:30 Line Dancing 10:30 – Noon Pickleball	13 South Rec 9am – Noon 9:30 –10:30 Chair Exercise 10:00 –11:00 Tai Chi 10:30-11:30 Chair Yoga	14 East Rec 9am – Noon 9:30 – 10:30 Line Dancing 10:30 – 11:30 Tai Chi 10:30 – Noon Pickleball	15 West Rec 9am- Noon Volleyball Walking	16 
17	18 South Rec 9am – Noon 9:30 –10:30 Chair Exercise 10:00 –11:00 Tai Chi 10:30-11:30 Chair Yoga	19 East Rec 9am – Noon 9:30 – 10:30 Line Dancing 10:30 – Noon Pickleball	20 South Rec 9am – Noon 9:30 –10:30 Chair Exercise 10:00 –11:00 Tai Chi 10:30-11:30 Chair Yoga	21 East Rec 9am – Noon 9:30 – 10:30 Line Dancing 10:30 – 11:30 Tai Chi 10:30 – Noon Pickleball	22 West Rec 9am- Noon Volleyball Walking	23
24	25 CLOSED 	26 East Rec 9am – Noon 9:30 – 10:30 Line Dancing 10:30 – Noon Pickleball	27 South Rec 9am – Noon 9:30 –10:30 Chair Exercise 10:00 –11:00 Tai Chi 10:30-11:30 Chair Yoga	28 East Rec 9am – Noon 9:30 – 10:30 Line Dancing 10:30 – 11:30 Tai Chi 10:30 – Noon Pickleball	29 West Rec 9am- Noon Volleyball Walking	30
31	South Recreation Ctr 101 South Park Dr	East Recreation Ctr 1101 Prospect St.			West Recreation Ctr 1200 Foster Ave	