

# February 2026



## TAP SENIOR PROGRAM FOR *ELYRIA* SENIORS AGE 55+

**INDOOR WALKING DAILY 9AM-12PM**

**\*Join Our I Love Walking Club\***

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>South Rec 9:00-Noon</b> 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	3 <b>East Rec 9:00-Noon</b> 9:30-10:30 Line Dancing 10:30-Noon Pickleball	4 <b>South Rec 9:00-Noon</b> 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	5 <b>East Rec 9:00-Noon</b> 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	6 <b>West Rec 9:00-Noon</b> Walking Volleyball Pickleball for beginners	7
8	9 <b>South Rec 9:00-Noon</b> 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	10 <b>East Rec 9:00-Noon</b> 9:30-10:30 Line Dancing 10:30-Noon Pickleball	11 <b>South Rec 9:00-Noon</b> 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	12 <b>East Rec 9:00-Noon</b> 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	13 <b>West Rec 9:00-Noon</b> Walking Volleyball Pickleball for Beginners	14  Happy Valentine's Day
15	16 <b>Closed in Observance Of President's Day</b>	17 <b>East Rec 9:00-Noon</b> 9:30-10:30 Line Dancing 10:30-Noon Pickleball	18 <b>South Rec 9:00-Noon</b> 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	19 <b>East Rec 9:00-Noon</b> 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	20 <b>West Rec 9:00-Noon</b> Walking Volleyball Pickleball for Beginners	21
22	23 <b>South Rec 9:00-Noon</b> 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	24 <b>East Rec 9:00-Noon</b> 9:30-10:30 Line Dancing 10:30-Noon Pickleball	25 <b>South Rec 9:00-Noon</b> 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	26 <b>East Rec 9:00-Noon</b> 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	27 <b>West Rec 9:00-Noon</b> Walking Volleyball Pickleball for Beginners	28
	TAP SENIOR PROGRAM follows Elyria School Closings for Inclement weather		East Recreation Center 1101 Prospect St Elyria, OH 44035	South Recreation Center 101 South Park Dr. Elyria, OH 44035	West Recreation Center 1200 Foster Ave. Elyria, OH 44035	Main Office 440-326-1500

