

# January 2026

## TAP SENIOR PROGRAM FOR *ELYRIA* SENIORS AGE 55+

**INDOOR WALKING DAILY 9AM-12PM**

**\*Walking Club starts Jan. 5<sup>th</sup>,\***

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Happy</b>	<b>New</b>	<b>Year !</b>	<b>CLOSED</b> <sup>1</sup>	<b>CLOSED</b> <sup>2</sup>	<sup>3</sup>
<sup>4</sup>	<b>TAP RESUMES</b> <sup>5</sup> South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	<sup>6</sup> East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	<sup>7</sup> South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	<sup>8</sup> East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	<sup>9</sup> West Rec 9:00-Noon Beginner Pickleball Walking Volleyball	<sup>10</sup>
<sup>11</sup>	<sup>12</sup> South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	<sup>13</sup> East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	<sup>14</sup> South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	<sup>15</sup> East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	<sup>16</sup> West Rec 9:00-Noon Beginner Pickleball Walking Volleyball	<sup>17</sup>
<sup>18</sup>	<sup>19</sup> <b>CLOSED</b> Martin Luther King Jr. Day	<sup>20</sup> East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball <b>Bridge Club Cancelled</b>	<sup>21</sup> South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	<sup>22</sup> East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-11:30 Tai Chi 10:30-Noon Pickleball	<sup>23</sup> West Rec 9:00-Noon Beginner Pickleball Walking Volleyball	<sup>24</sup>
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	*Starting Fri. Jan 9, we will offer 1 net for beginner pickleball at West Recreation Center 9-Noon This is for beginners to come and practice & learn.		East Recreation Center 1101 Prospect St Elyria, OH 44035	South Recreation Center 101 South Park Dr. Elyria, OH 44035	West Recreation Center 1200 Foster Ave. Elyria, OH 44035	Main Office 440-326-1500

