

December 2024

TAP The Active People Age 55+
 Walking Daily from 9am – Noon
 Main Office # 440-326-1500



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|--|---|--|----------|
| 1 | 2 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise | 3 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball | 4 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise | 5 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball | 6 West Rec 9:00-Noon Walking Volleyball | 7 |
| 8 | 9 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise | 10 East Rec 9:00-Noon 9:30-10:30 Line Dancing 9:30-10:30 Line Dancing group of 10 to Abbewood 10:30-Noon Pickleball | 11 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise | 12 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball | 13 West Rec 9:00-Noon Walking Volleyball | 14 |
| 15 | 16 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise | 17 East Rec 9:00-Noon 9:30-10:30 Line Dancing 9:30-Noon Bridge Club 10:30-Noon Pickleball | 18 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise | 19 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball | 20 West Rec 9:00-Noon Walking Volleyball | 21 |
| 22 | 23 CLOSED WINTER BREAK | 24 CLOSED WINTER BREAK | 25 CLOSED WINTER BREAK | 26 CLOSED WINTER BREAK | 27 CLOSED WINTER BREAK | 28 |
| M29 | 30 CLOSED WINTER BREAK | 31 CLOSED WINTER BREAK | | Merry Christmas & Happy New Year! | | |

East Recreation Center
 1101 Prospect St.
 Elyria, OH 44035

South Recreation Center
 101 South Park Dr.
 Elyria, OH 44035

West Recreation Center
 1200 Foster Ave.
 Elyria, OH 44035