

November 2024 TAP

The Active People Age 55+
 Walking Daily from 9am – Noon
 Main Office # 440-326-1500



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	
3	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	CENTERS CLOSED ELECTION DAY	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	
10	CENTERS CLOSED VETERAN'S DAY	East Rec 9:00-Noon 9:30-10:30 Line Dancing 9:30-10:30 Line Dancing group #1 @ Abbewood 9:30-Noon Bridge Club 10:30-Noon Pickleball	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	
17	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	
24	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise Self led classes, No instructor this day	CENTERS CLOSED HAPPY THANKSGIVING	CENTERS CLOSED	

East Recreation Center
 1101 Prospect St.
 Elyria, OH 44035

South Recreation Center
 101 South Park Dr.
 Elyria, OH 44035

West Recreation Center
 1200 Foster Ave.
 Elyria, OH 44035

