

January 2024

TAP~ The Active People Age 55+

HAPPY NEW YEAR!

** Walking from 9-Noon Daily **

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Centers Closed 	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	
7	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball 11:00-11:45 Elyria Library	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	CRAFT DAY East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	
14	Centers Closed Martin Luther King Jr. Day	East Rec 9:00-Noon 9:30-10:30 Line Dancing 9:30-Noon Bridge Club 10:30-Noon Pickleball	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	
21	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	VINYL RECORD DAY Bring your favorite records South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	VINYL RECORD DAY Bring your favorite records East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	VINYL RECORD DAY Bring your favorite records West Rec 9:00-Noon Walking Volleyball	
28	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise		Main Office Number 440-326-1500	

East Recreation Center
 1101 Prospect St.
 Elyria, OH 44035

South Recreation Center
 101 South Park Dr.
 Elyria, OH 44035

West Recreation Center
 1200 Foster Ave.
 Elyria, OH 44035

** Subject to Change ** We follow Elyria City School Closings due to inclement weather.

~ You are never too old to set another goal or to dream a new dream ~