



NOVEMBER



TAP~ The Active People Age 55+
 Walking is available daily from 9am-noon
 Main office # 440-326-1500

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	2 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball Board Games	3 West Rec 9:00-Noon Walking Volleyball	4
5	6 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	7 CENTERS CLOSED ELECTION DAY	8 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	9 Craft Day East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	10 CENTERS CLOSED In observance of 	11
12	13 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	14 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	15 Hippie Day South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	16 Hippie Day East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball Board Games	17 Hippie Day West Rec 9:00-Noon Walking Volleyball	18
19	20 Elyria Library Presentation 11am South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	21 Thanksgiving Potluck East Rec 9:00-Noon 9:30-10:30 Line Dancing 9:30-Noon Bridge Club 10:30-Noon Pickleball	22 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	23 CENTERS CLOSED 	24 CENTERS CLOSED	25
26	27 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	28 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	29 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	30 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball Board Games		

South Recreation Center
 101 South Park Dr.
 Elyria, OH 44035

East Recreation Center
 1101 Prospect St.
 Elyria, OH 44035

West Recreation Center
 1200 Foster Ave.
 Elyria, OH 44035