

September

TAP ~ The Active People Age 55+



2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 CENTERS CLOSED	2 World Coconut Day
3 U.S Bowling League Day	4 CENTERS CLOSED 	5 East Rec Center 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	6 South Rec Center 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	7 East Rec Center 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	8 West Rec 9:00-Noon Walking Volleyball	9 National Teddy Bear Day
10 National Grandparents Day	11 South Rec Center 9:00-Noon Walking No Yoga/Chair Exercise today 10:00-11:00 Tai Chi starts	12 East Rec Center 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	13 South Rec Center 9:00-Noon Walking No Yoga/Chair Exercise today.	14 East Rec Center 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	15 West Rec 9:00-Noon Walking Volleyball	16 National Working Parents Day
17 National Dance Day	18 South Rec Center 9:00-Noon Walking No Yoga/Chair Exercise today 10:00-11:00 Tai Chi 11:00-11:30 Elyria Public Library Presentation	19 East Rec Center 9:00-Noon 9:30-10:30 Line Dancing 9:30-Noon Bridge Club 10:30-Noon Pickleball	20 South Rec Center 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise Sports Day-Wear your favorite team jersey/shirt	21 East Rec Center 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball Sports Day-Wear your favorite team jersey/shirt	22 West Rec 9:00-Noon Walking Volleyball Sports Day-Wear your favorite team jersey/shirt	23 National Pot Pie Day
24 National save Photos Day	25 South Rec Center 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	26 East Rec Center 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	27 South Rec Center 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	28 East Rec Center 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	29 West Rec 9:00-Noon Walking Volleyball	30 National Love People Day

South Recreation Center
101 South Park Dr.
Elyria, OH 44035

East Recreation Center
1101 Prospect St.
Elyria, OH 44035

West Recreation Center
1200 Foster Ave.
Elyria, OH 44035