

March



TAP-The Active People

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-11:45 Chair Exercise	2 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	3 West Rec 9am-Noon Walking Volleyball	4 National Son Day 
5 National Cheese Doodle Day 	6 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-11:45 Chair Exercise	7 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	8 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-11:45 Chair Exercise	9 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	10 West Rec 9am-Noon Walking Volleyball	11 National Johnny Appleseed Day 
12 Girl Scout Week 	13 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-11:45 Chair Exercise	14 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	15 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-11:45 Chair Exercise	16 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	17 West Rec 9am-Noon Walking Volleyball 	18 Global Recycling Day 
19 International Read to Me 	20 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-11:45 Chair Exercise 11:00 Elyria Public Library	21 East Rec 9am-Noon 9:30-10:30 Line Dancing 9:30-Noon Bridge 10:30-Noon Pickleball	22 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-11:45 Chair Exercise	23 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	24 West Rec 9am-Noon Walking Volleyball	25 National Medal of Honor Day 
26 Epilepsy Awareness Day 	27 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-11:45 Chair Exercise	28 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	29 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-11:45 Chair Exercise	30 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	31 West Rec 9am-Noon Walking Volleyball	
	South Recreation Center 101 South Park Dr Elyria, OH 44035	East Recreation Center 1101 Prospect St Elyria, OH 44035	West Recreation Center 1200 Foster Ave Elyria, OH 44035			