










November

TAP-The Active People

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	2 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise	3 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	4 West Rec 9am-Noon Walking Volleyball	5 American Football Day 
6 Daylight Saving Day	7 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise	8 General Election Voting Day No Programming	9 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise	10 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	11 VETERANS DAY 	12 Chicken Soup for the Soul Day 
13 International Tongue Twister Day 	14 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise	15 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	16 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise	17 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	18 West Rec 9am-Noon Walking Volleyball	19 Discovery of Puerto Rico Day 
20 Future Teachers of America Day 	21 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise 11:30 Elyria Public Library Presentation	22 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	23 South Rec 9am-Noon No Chair Exercise or Chair Yoga Walking	24 HAPPY THANKS GIVING 	25 No Programs Thanksgiving Holiday	26 International Cake Day 
27 National Bavarian Cream Pie Day 	28 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise	29 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	30 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise			
	South Recreation Center 101 South Park Dr Elyria, OH 44035	East Recreation Center 1101 Prospect St Elyria, OH 44035	West Recreation Center 1200 Foster Ave Elyria, OH 44035			