











October

Tap -The Active People

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <i>International Music Day</i> 
2 Change A Light Day 	3 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise	4 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	5 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise	6 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	7 West Rec 9am-Noon Walking Volleyball	8 National Chess Day 
9 International Beer & Pizza Day 	10 Columbus Day No Programs	11 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	12 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise	13 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	14 West Rec 9am-Noon Walking Volleyball	15 Sweetest Day 
16 National Sports Day 	17 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise Elyria Public Library Presentation 11:00-Noon	18 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	19 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise	20 East Rec 9am-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	21 West Rec 9am-Noon Walking Volleyball	22 Ms. Evelyn's Wedding 
23 iPod Day 	24 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise	25 East Rec 9am-Noon No Line Dancing 10:30am-Noon Pickleball	26 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise	27 East Rec 9am-Noon No Line Dancing 10:30am-Noon Pickleball	28 West Rec 9am-Noon Walking Volleyball	29 National Trick or Treat Day 
30 National Candy Corn Day 	31 South Rec 9am-Noon 10:00-11:00 Chair Yoga 11:00-12:00 Chair Exercise	East Recreation Center 1101 Prospect St Elyria, OH 44035	South Recreation Center 101 South Park Dr Elyria, OH 44035	West Recreation Center 1200 Foster Ave Elyria, OH 44035		