





# July

## TAP-The Active People

# 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <b>South Rec 9:00 a.m.-Noon</b> Volleyball Walking	2 World UFO Day
3 Eat Beans Day 	4 <b>HAPPY 4TH OF JULY</b> 	5 East Rec 9:00 a.m.-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	6 South Rec 9:00 a.m.-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	7 East Rec 9:00 a.m.-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	8 West Rec 9:00 a.m.-Noon Volleyball Walking	9 National Sugar Cookie Day 
10 Pina Colada Day 	11 <b>East Rec 9:00 a.m.-Noon</b> 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	12 <b>East Rec 9:00 a.m.-Noon</b> 9:30-10:30 Line Dancing 10:30-Noon Pickleball	13 <b>East Rec 9:00 a.m.-Noon</b> 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	14 <b>East Rec 9:00 a.m.-Noon</b> 9:30-10:30 Line Dancing 10:30-Noon Pickleball	15 <b>East Rec 9:00 a.m.-Noon</b> Volleyball Walking	16 Fresh Spinach Day 
17 National Ice Cream Day 	18 <b>East Rec 9:00 a.m.-Noon</b> 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	19 <b>East Rec 9:00 a.m.-Noon</b> 9:30-10:30 Line Dancing 10:30-Noon Pickleball	20 <b>East Rec 9:00 a.m.-Noon</b> 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	21 <b>East Rec 9:00 a.m.-Noon</b> 9:30-10:30 Line Dancing 10:30-Noon Pickleball	22 <b>East Rec 9:00 a.m.-Noon</b> Volleyball Walking	23 Gorgeous Grandma Day 
24 National Amelia Earhart Day 	25 <b>South Rec 9:00 a.m.-Noon</b> 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	26 <b>South Rec 9:00 a.m.-Noon</b> 9:30-10:30 Line Dancing 10:30-Noon Pickleball	27 <b>South Rec 9:00 a.m.-Noon</b> 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	28 <b>South Rec 9:00 a.m.-Noon</b> 9:30-10:30 Line Dancing 10:30-Noon Pickleball	29 <b>South Rec 9:00 a.m.-Noon</b> Volleyball Walking	30 National Cheesecake Day 
31 National Avocado Day 		South Recreation Center 101 South Park Dr Elyria, OH 44035	East Recreation Center 1101 Prospect St. Elyria, OH 44035	West Recreation Center 1200 Foster Ave Elyria, OH 44035		