



Beginning January 3, 2022, the TAP Program will be utilizing all the City of Elyria Recreation Centers!

Mondays and Wednesdays will have programming at South Recreation Center, 101 South Park Dr.

Tuesdays and Thursdays will have programming at East Recreation Center, 1101 Prospect St.











Friday's programming will be at West Recreation Center, 1200 Foster Ave.

Please continue to enjoy TAP activities at **ALL the Recreation Centers!**

January

TAP-The Active People

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daily Activities *Walking *Chess *Friendly Conversation						1 
2 National Buffet Day 	3 South Rec 9:00am-Noon 10:00 am-11:00 am Chair Yoga 11:00 am-12:00 am Chair Exercise	4 East Rec 9:00 am-Noon 9:30 am-10:30 am Line Dancing Pickleball	5 South Rec 9:00 am-Noon 10:00 am-11:00 am Chair Yoga 11:00 am-12:00 am Chair Exercise	6 East Rec 9:00 am-Noon 9:30 am-10:30 am Line Dancing Pickleball	7 West Rec 9:00 am-Noon Volleyball	8 Bubble Bath Day 
9 National Law Enforcement Day 	10 South Rec 9:00am-Noon 10:00 am-11:00 am Chair Yoga 11:00 am-12:00 pm Chair Exercise	11 East Rec 9:00 am-Noon 9:30 am-10:30 am Line Dancing Pickleball	12 South Rec 9:00am-Noon 10:00 am-11:00 am Chair Yoga 11:00 am-12:00 am Chair Exercise	13 East Rec 9:00 am-Noon 9:30 am-10:30 am Line Dancing Pickleball	14 West Rec 9:00 am-Noon Volleyball	15 National Bagel Day 
16 International Hot & Spicy Food Day	17 	18 East Rec 9:00 am-Noon 9:30 am-10:30 am Line Dancing Pickleball	19 South Rec 9:00am-Noon 10:00 am-11:00 am Chair Yoga 11:00 am-12:00 am Chair Exercise	20 East Rec 9:00 am-Noon 9:30 am-10:30 am Line Dancing Pickleball	21 West Rec 9:00 am-Noon Volleyball	22 Celebration of Life Day 
23 National Pie Day 	24 South Rec 9:00am-Noon 10:00 am-11:00 am Chair Yoga 11:00 am-12:00 am Chair Exercise	25 East Rec 9:00 am-Noon 9:30 am-10:30 am Line Dancing Pickleball	26 South Rec 9:00am-Noon 10:00 am-11:00 am Chair Yoga 11:00 am-12:00 am Chair Exercise	27 East Rec 9:00 am-Noon 9:30 am-10:30 am Line Dancing Pickleball	28 West Rec 9:00 am-Noon Volleyball	29 National Puzzle Day 
30 National Croissant Day 	31 South Rec 9:00am-Noon 10:00 am-11:00 am Chair Yoga 11:00 am-12:00 am Chair Exercise					

Subject to Change