









September 2021

Tap Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 No TAP Programming	2 No TAP Programming	3 No TAP Programming	4 International Bacon Day 
5 National Cheese Pizza Day 	6 No TAP Program Labor Day	7 South Rec 9:00am-Noon 9:30am-10:30 am *Line Dancing 11:00am-12:00pm *Chair Exercise *Pickleball *Walking	8 South Rec 9:00am-Noon 10:00am-11:00 am *Self Chair Yoga (no instructor) *Walking *Pickleball	9 South Rec 9:00am-Noon 9:30am-10:30 am *Line Dancing 11:00am-12:00pm *Chair Zumba *Pickleball *Walking	10 South Rec 9:00am-Noon 10:00am-11:00 am *Chair Exercise *Walking *Pickleball *Additional Activity	11 Patriot Day 
12 Grandparents Day 	13 South Rec 9:00am-Noon 10:00am-11:00 am *Chair Yoga 11:00am-12:00pm *Chair Zumba *Pickleball *Walking	14 South Rec 9:00am-Noon 9:30am-10:30 am *Line Dancing 11:00am-12:00pm *Library Programming *Pickleball *Walking	15 South Rec 9:00am-Noon 10:00am-11:00 am*Chair Y	16 South Rec 9:00am-Noon 9:30am-10:30 am *Line Dancing 11:00am-12:00pm *Chair Zumba *Pickleball *Walking	17 South Rec 9:00am-Noon 10:00am-11:00 am *Chair Exercise *Walking *Pickleball *Additional Activity	18 Batman Day 
19 Talk like a Pirate Day 	20 South Rec 9:00am-Noon 10:00am-11:00 am *Chair Yoga 11:00am-12:00pm *Chair Zumba *Pickleball *Walking	21 South Rec 9:00am-Noon 9:30am-10:30 am *Line Dancing 11:00am-12:00pm *Chair Exercise *Pickleball *Walking	22 South Rec 9:00am-Noon 10:00am-11:00 am*Chair E	23 South Rec 9:00am-Noon 9:30am-10:30 am *Line Dancing 11:00am-12:00pm *Chair Zumba *Pickleball *Walking	24 South Rec 9:00am-Noon 10:00am-11:00 am *Chair Exercise *Walking *Pickleball *Additional Activity	25 National Daughter Day 
26 National Pancake Day 	27 South Rec 9:00am-Noon 10:00am-11:00 am *Chair Yoga 11:00am-12:00pm *Chair Zumba *Pickleball *Walking	28 South Rec 9:00am-Noon 9:30am-10:30 am *Line Dancing 11:00am-12:00pm *Chair Exercise *Pickleball *Walking	29 South Rec 9:00am-Noon 10:00am-11:00 am*Chair Y	30 South Rec 9:00am-Noon 9:30am-10:30 am *Line Dancing 11:00am-12:00pm *Chair Zumba *Pickleball *Walking		Additional Activities *Cooking Class *Lunch In / Out *Art's n' Crafts

Notes

Subject to Change